

Texas State Board of Examiners of Marriage and Family Therapists

Texas State Board of Examiners of Professional Counselors

Texas State Board of Examiners of Psychologists

Texas Behavioral Health Executive Council

Texas State Board of Social Worker Examiners

Discussion on Rules, Practices, and Ethics when Treating Clients Seeking Holistic Approaches to Therapy

**Professional Development for Continuing Education
September 29, 2022**

PRESENTERS

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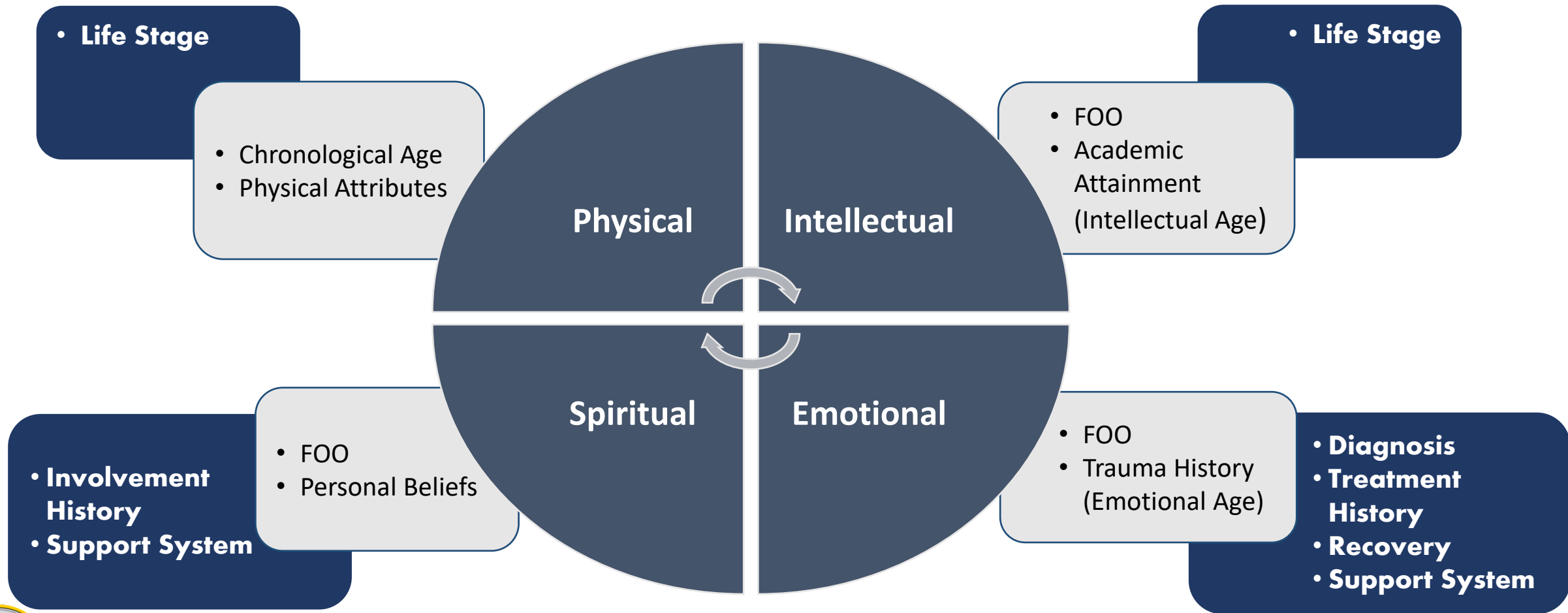
LEARNING OBJECTIVES

After taking this training, LPCs should be able to:

1. Understand How Holistic Therapy Seeks to Help a Client Beyond Psychological Care
2. Differentiate Ethical vs Non-Ethical Requirements for Offering Holistic Care
3. Understand When to Provide Resources & Referrals (Beyond LPC's Scope) to Meet Client's Holistic Care



WHAT IS HOLISTIC THERAPEUTIC CARE vs PROFESSIONAL COUNSELING?



PROFESSIONAL COUNSELING – RULES OF PRACTICE

Sub-Chapter B

§681.31. Counseling Methods and Practices

The use of specific methods, techniques, or modalities within the practice of professional counseling is limited to professional counselors appropriately trained and competent in the use of such methods, techniques, or modalities.





Who Typically Seeks Holistic Care?





What is Involved in a Typical Holistic Therapeutic Care Session?



ETHICAL REQUIREMENTS

Sub-Chapter B

Treating Clients Online

§681.41 (G) General Ethical Requirements

Technological means of communication may be used to facilitate the therapeutic counseling process.



ETHICAL REQUIREMENTS

Sub-Chapter B

Selling and Purchasing Products

§681.41 (K) General Ethical Requirements

A licensee may promote the licensee's personal or business activities to a client if such activities, services or products are to facilitate the counseling process or help achieve the client's counseling goals.

Prior to engaging in any such activities, services or product sales with the client, the licensee must first inform the client of the licensee's personal and/or business interest therein. A licensee must not exert undue influence in promoting such activities, services or products.



ETHICAL REQUIREMENTS

Sub-Chapter B

Setting Therapeutic Boundaries (Friendship & Social Media)

§681.41 (L&M) General Ethical Requirements

- L:** A licensee must set and maintain professional boundaries.
- M:** Except as provided by this subchapter, non-therapeutic relationships with clients are prohibited.
 1. A non-therapeutic relationship is any non-counseling activity initiated by either the licensee or client that results in a relationship unrelated to therapy.



ETHICAL REQUIREMENTS

Sub-Chapter B

Ending Treatment & Helping Clients With Whom You Don't Agree

§681.41(W&X) General Ethical Requirements

- W:** A licensee must terminate a professional counseling relationship when it is reasonably clear the client is not benefiting from the relationship.
- X:** Upon termination of a relationship if professional counseling is still necessary, the licensee must take reasonable steps to facilitate the transfer to appropriate care.





*When to Provide Resources & Referrals
(Beyond LPC's Scope) to Meet Client's Holistic Care*



